

Cardinal Capers



Annandale Elementary School
A Rich & Challenging Tradition of Excellence...
Empowering Students to Achieve Success.



655 Park Street East
Annandale, MN 55302
Phone: 320-274-8218 Website: www.isd876.org

January, 2022

Hello Annandale Elementary Families,



I think winter wants to come, but it is hard to tell. Snow and then 50 degrees, and then snow again. Hopefully there will be some snow for the winter break for students to enjoy the outdoors.

Weather

Just a reminder that we will do our best to have students participate in outdoor recess. Exercising outside during recess helps contribute to the success of students in the second half of a school day. We watch the weather closely to make sure the weather is safe for students to go outside. If the weather is below 0 degrees or -10 wind chill, the students will remain inside. Please make sure they have the essential 5 at school (winter coat, hat, gloves/mittens, boots, and snow pants).

Small Deposits

I am a big believer in small deposits make a big difference. Whether it be playing a game, going out to lunch, watching a show, taking a walk, putting together a music playlist, baking or reading a book, the small moments we have can make a big difference in building relationships with our children. Giving our children our undivided attention is one of the things they want the most. My encouragement is to continue to make small deposits with your children. Hopefully over break you will have time off of work and time to spend with your children. It means a lot to them. Find something you like to do, find something they like to do, and do them both. I have yet to hear a parent say, "I really regret all the time I spent with my child or children." You will never regret the time you took to invest in the relationship with your child.

Happy Holidays to you all!

Jon Klippenes
AES Principal



NOTES FROM NATHAN

Dean of Students



2022 is right around the corner and I am sure you are making a list of fun activities you want your family to participate in during the upcoming year. Please keep the school in mind as you enter the new year. It can be fun to discuss keeping your hands to yourself, walking while indoors, using an appropriate voice level and only using positive words. I have found discussing unfortunate situations with students, we can always come back to those four expectations. Remember to call or email the front office if your child will be absent from school and check your student lunch account in case your child is getting seconds without your knowledge.

Thank you,
Nathan Woodford



Winter Break Calendar

No School for Staff & Students
December 23 - January 2

Classes Resume
January 3



January Message

Erin Dickie - School Social Worker

Happy New Year Annandale Elementary. I hope you and your family enjoy winter break and are able to squeeze in some rest and relaxation. The excitement of the holidays will pass and winter will settle in. The winter season can be tough for both children and parents – it gets darker outside earlier and the cold, snowy weather has everyone cooped up indoors. It doesn't have to be a gloomy time for you and your children, though. Here are some tips to help your family beat the winter blues:

- During the winter months, people tend to crave comfort foods such as pasta, breads and sugar, but continue to include a variety of fruits, vegetables and whole grains in your family's diet to keep everyone from feeling tired.
- Spend time outdoors with your family for at least 30 minutes each day, even if it's cold and cloudy outside.
- Keep the inside of your home light by opening window blinds throughout your house.
- If possible, plan a family trip to a sunnier climate during the winter.
- Establish a set bedtime for you and your children to ensure everyone is getting 7 to 8 hours of sleep each night. Depression may be triggered if you get too much or too little sleep.
- Motivate your family to exercise, whether it's going for a walk, skiing, ice-skating or any other form of fun exercise.
- When indoors, spend family time together by playing a board game, putting a puzzle together, watching a movie or doing crafts and fun projects.





KINDERGARTEN ROUNDUP 2022-2023

A tentative date of

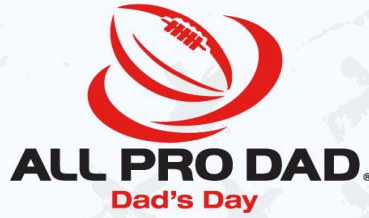
Thursday, February 10, 2022

has been set for Kindergarten Roundup.

Eligible students for the 2022-2023 kindergarten class would turn the age of five before September 1, 2022.

Kindergarten Roundup will provide an opportunity to explore AES and the kindergarten classrooms. You will be able to ask the AES kindergarten teachers questions you may have about kindergarten as well as gather information regarding curriculum, expectations, and daily schedules. The health office, M&M Bus Company, and Community Education will also have staff present to answer questions. It is recommended that parents who have not reached a decision on school entrance participate in Kindergarten Roundup. You will have an opportunity to gather information about one of our kindergarten classes called Transitional Kindergarten, designed for our youngest kindergarten students.

If your age eligible child will not be attending kindergarten in Annandale this fall, a phone call to the AES office at 320-274-8218 would be greatly appreciated so a mailing is not sent to you in January.



2021-2022 All Pro Dad's Day Schedule

All Pro Dad's breakfast is a time to strengthen relationships between dads and kids through food, games, and conversation. We invite **all elementary** age kids and parents/guardians to join us for breakfast. Moms and grandparents are welcome too!

Where/When- AES Café

Thursday mornings from 7:00-8:00 a.m.

Cost- \$5 per family

Food- Tom Westman

Serving rolls, cold cereal, coffee, juice

RSVP- www.allprodadsday.com/4405

or sweber@isd876.org by

Monday, January 24

for the January All Pro Dad's Day.

Below are the scheduled dates for the upcoming school year.

Hope to see you there!

January 27

February 24

March 24

April 21

May 19

